

# Best Practices

# Broadspire Best Practices

## 0.7 PREFERRED PROVIDER NETWORK

### California MPN

### California Information & Assistance Offices (info and link)

Information and Assistance (I&A) Website list of the offices: <http://www.dir.ca.gov/dwc/ianda.html>  
(This URL may be included on the DWC-7 form.)

#### Contact the Information & Assistance Unit

- By phone at [1-800-736-7401](tel:1-800-736-7401) -- For recorded information that helps injured workers, employers and others understand California's workers' compensation system, and their rights and responsibilities under the law.
- By [attending a workshop](#) for injured workers
- By calling or going in person to a local Information & Assistance Unit office:
- Printable I&A office list: [https://www.dir.ca.gov/dwc/DWC\\_address/DWCofficeListing.pdf](https://www.dir.ca.gov/dwc/DWC_address/DWCofficeListing.pdf)

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|---|--|---|
| <b>Anaheim</b><br>1065 N. Pacific Center Drive<br>Anaheim 92806-2141<br>(714) 414-1801  | <b>Oxnard</b><br>1901 N. Rice Ave., Ste. 200<br>Oxnard, CA 93030-7912<br>(805) 485-3528                        | <b>San Francisco</b><br>455 Golden Gate Avenue,<br>2nd floor<br>San Francisco, CA 94102-7014<br>(415) 703-5020                    |
| <b>Bakersfield</b><br>1800 30th Street,<br>Suite 100<br>Bakersfield, CA 93301-1929<br>(661) 395-2514                              | <b>Pomona</b><br>732 Corporate Center Drive<br>Pomona, CA 91768-2653<br>(909) 623-8568                         | <b>San Jose</b><br>100 Paseo de San Antonio,<br>Room 241<br>San Jose, CA 95113-1402<br>(408) 277-1292                             |
| <b>Eureka</b><br>* Satellite office <b>on-line only</b><br>100 "H" Street,<br>Room 202<br>Eureka, CA 95501-0481<br>(707) 441-5723 | <b>Redding</b><br>250 Hemsted Drive,<br>Second Floor, Ste. B<br>Redding, CA 96002<br>(530) 225-2047            | <b>San Luis Obispo</b><br>4740 Allene Way,<br>Suite 100<br>San Luis Obispo, CA 93401-8736<br>(805) 596-4159                       |
| <b>Fresno</b><br>2550 Mariposa Mall,<br>Room 5005<br>Fresno, CA 93721-2219<br>(559) 445-5355                                      | <b>Riverside</b><br>3737 Main Street,<br>Room 300<br>Riverside, CA 92501-3337<br>(951) 782-4347                | <b>Santa Ana</b><br>605 W Santa Ana Blvd, Bldg 28<br>Room 451<br>Santa Ana, CA 92701-4070<br>(714) 558-4597                       |
| <b>Long Beach</b><br>300 Ocean Gate Street,<br>Suite 200<br>Long Beach, CA 90802-4304<br>(562) 590-5240                           | <b>Sacramento</b><br>160 Promenade Circle,<br>Suite 300<br>Sacramento, CA 95834-2962<br>(916) 928-3158         | <b>Santa Barbara</b><br>* Satellite office<br>411 E Canon Perdido Street,<br>Suite 2<br>Santa Barbara, CA 93101<br>(805) 884-1988 |
| <b>Los Angeles</b><br>320 W. 4th Street,<br>9th floor<br>Los Angeles, CA 90013-1954<br>(213) 576-7389                             | <b>Salinas</b><br>1880 North Main Street,<br>Suite 100<br>Salinas, CA 93906-2037<br>(831) 443-3058             | <b>Santa Rosa</b><br>50 "D" Street,<br>Room 420<br>Santa Rosa, CA 95404-4771<br>(707) 576-2452                                    |
| <b>Marina del Rey</b><br>4720 Lincoln Blvd<br>2nd floor<br>Marina del Rey, CA 90292-6902<br>(310) 482-3820                        | <b>San Bernardino</b><br>464 W. Fourth Street,<br>Suite 239<br>San Bernardino, CA 92401-1411<br>(909) 383-4522 | <b>Stockton</b><br>31 East Channel Street,<br>Room 344<br>Stockton, CA 95202-2314<br>(209) 948-7980                               |
| <b>Oakland</b><br>1515 Clay Street,<br>6th floor<br>Oakland, CA 94612-1519<br>(510) 622-2861                                      | <b>San Diego</b><br>7575 Metropolitan Drive,<br>Suite 202<br>San Diego, CA 92108-4424<br>(619) 767-2082        | <b>Van Nuys</b><br>6150 Van Nuys Blvd.,<br>Room 105<br>Van Nuys, CA 91401-3370<br>(818) 901-5367                                  |

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**Broadspire Best Practices Department**

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